

JCS FAMILY DEVOTIONAL

DAY 1

NO FEAR

1. Share what you were afraid of when you were younger. Snakes, the dark, spiders, ect.
2. Ask your children what they are afraid of. Talk about these for a few minutes. They have heard talk about the coronavirus. See if they talk about it.
3. Read the verses below. Verses on the left are a little easier to understand for younger children.

Philippians 4:6-7 Living Bible (TLB)

⁶Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. ⁷If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus.

Philippians 4:6-7 English Standard Version (ESV)

⁶do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus

FEAR + PRAYER = GOD'S PEACE + HEART AND MIND PROTECTION

1. When we pray to God, He changes our fear into peace that comes from Him. (Make sure your children understand peace. It doesn't mean trouble goes away but God has everything under control so we don't need to worry or fear.)
2. Have a time of prayer. Ask your children if they want to pray. Set up a time every day to read God's Word and Pray
3. Start to memorize Philippians 4:6 together. Break it into small pieces and learn it this week. Philippians 4:6 "Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers."
4. Your JCS Family is praying for you and your family today. If I can help in any way please call.

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